

Assessing the Joints of the Lower Extremity – case history information

When taking the history of an injury that needs assessing; you will need to take the following information;

| Area of Pain |
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| Onset (of this episode) |
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| Aggravating factors |
| |
| |
| Relieving factors |
| Trefleving factors |
| |
| |
| No effect |
| |
| |
| Pain cycle? Night/Day |
| - and cycle i riight bay |
| |
| |
| Is this the first episode? If not History of irritation. |
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